



# El Camino College

## COURSE OUTLINE OF RECORD - Official

### I. GENERAL COURSE INFORMATION

**Subject and Number:** Physical Education 15ABC  
**Descriptive Title:** Men's Intercollegiate Basketball Team

**Course Disciplines:** Physical Education  
or Coaching

**Division:** Health Sciences and Athletics

**Catalog Description:** This course provides instruction, training, and practice in the advanced techniques of basketball and the opportunity for intercollegiate competition. Student athletes will compete against conference schools and other colleges.

*Note: This course is offered in the fall semester only.*

**Conditions of Enrollment: Recommended Preparation**  
High school varsity experience or equivalent skill

**Course Length:**  Full Term  Other (Specify number of weeks):  
**Hours Lecture:** 0 hours per week  TBA  
**Hours Laboratory:** 10.00 hours per week  TBA  
**Course Units:** 3.00

**Grading Method:** Letter  
**Credit Status:** Associate Degree Credit

**Transfer CSU:**  Effective Date: Prior to July 1992  
**Transfer UC:**  Effective Date: Spring 1994

**General Education:**  
**El Camino College:** 5 – Health and Physical Education  
Term: \_\_\_\_\_ Other: \_\_\_\_\_

**CSU GE:** \_\_\_\_\_

**IGETC:** \_\_\_\_\_

### II. OUTCOMES AND OBJECTIVES

**A. COURSE STUDENT LEARNING OUTCOMES** (The course student learning outcomes are listed below, along with a representative assessment method for

**each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)**

1. Students/Athletes will demonstrate improvement in their court related running speed.
2. Students will describe various offensive/defensive strategies.
3. Students will utilize statistical data to analyze their performance.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

**B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)**

1. Comprehend the intercollegiate rules and regulations of basketball competition.  
Class Performance
2. Analyze and perform offensive skills such as shooting, passing, and dribbling.  
Class Performance
3. Demonstrate the defensive techniques such as rebounding and man-to-man coverage.  
Class Performance
4. Evaluate offensive tactics against both a zone and man-to-man defense.  
Class Performance

**III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)**

Lecture or Lab	Approximate Hours	Topic Number	Major Topic
Lab	15	I	Orientation/Introductions/Expectations A. <b>Player Evaluation</b> B. <b>Team Policies, Guidelines, and Sportsmanship</b> C. <b>Rules and Regulations of Intercollegiate Basketball</b> D. <b>Strategies/Style of Play</b>
Lab	85	II	Safety Precautions/ Skill Assessment/Preparations for Competition A. <b>Enhance Flexibility</b> B. <b>Strength Training</b> C. <b>Core Stabilization</b> D. <b>Mental &amp; Physical Stress/Strain</b> E. <b>Endurance Training</b> F. <b>Full-Court Games to 5 baskets</b>
Lab	40	III	Offensive Fundamentals A. <b>Dribbling</b> B. <b>Passing</b>

			<b>C. Receiving</b> <b>D. Shooting (jump shot, 3-point shot, free throw)</b> <b>E. Rebounding</b>
Lab	40	IV	<b>Defensive Fundamentals</b> <b>A. Body position</b> <b>B. Movement of feet</b> <b>C. Rebounding</b> <b>D. Zone defense</b> <b>E. Man-to-man defense</b>
<b>Total Lecture Hours</b>		0	
<b>Total Laboratory Hours</b>		180	
<b>Total Hours</b>		180	

#### **IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS**

##### **A. PRIMARY METHOD OF EVALUATION:**

Skills demonstrations

##### **B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:**

Determine the type of outlet pass that starts the fastbreak offense. Demonstrate the proper player positioning to defend against it.

##### **C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:**

1. After reviewing video tape of a high-post zone defense, design and demonstrate an offensive play that would create a quick pass to a forward cutting to the basket.
2. Distinguish between the basic skills of the jump shot and the 3-point shot. Create a play for each against a zone defense and present orally to instructor.

##### **D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:**

Performance exams

Class Performance

Other (specify):

Intercollegiate competition

#### **V. INSTRUCTIONAL METHODS**

Multimedia presentations

Other (please specify)

Multi-media analysis of practice and games

Multi-media analysis of elite athletes

**Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.**

**VI. WORK OUTSIDE OF CLASS**

Skill practice

Course is lab only - minimum required hours satisfied by scheduled lab time and estimated student hours outside of class per week is zero.

**Estimated Independent Study Hours per Week:**

**VII. TEXTS AND MATERIALS**

- A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS
- B. ALTERNATIVE TEXTBOOKS
- C. REQUIRED SUPPLEMENTARY READINGS
- D. OTHER REQUIRED MATERIALS

**VIII. CONDITIONS OF ENROLLMENT**

**A. Requisites (Course and Non-Course Prerequisites and Corequisites)**

Requisites	Category and Justification
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**B. Requisite Skills**

Requisite Skills
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**C. Recommended Preparations (Course and Non-Course)**

Recommended Preparation	Category and Justification
Non-Course Recommended Preparation  High school varsity experience or equivalent skill	Students who have demonstrated the skills and abilities for enrollment in the athletic development course will have a greater ability to succeed based on the following areas. Student will have a comprehensive understanding of the rules and regulations of the athletic sport. The student will understand tactics, alignments and strategies of play. This individual will also be aware of phases of conditioning, and proper implementation of health and safety requirements.

**D. Recommended Skills**

Recommended Skills
Students who have demonstrated the skills and abilities for enrollment in the athletic development course will have a greater ability to succeed based on the following areas. Student will have a comprehensive understanding of the rules and regulations of the athletic sport. The student will understand tactics, alignments and strategies of play. This individual will also be aware of phases of conditioning, and proper implementation of health and safety requirements.

**E. Enrollment Limitations**

Enrollment Limitations and Category	Enrollment Limitations Impact
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**Course created by Carol Dennis on 09/21/2016.**

**BOARD APPROVAL DATE:**

**LAST BOARD APPROVAL DATE: 04/17/2017**

**Last Reviewed and/or Revised by Robert Uphoff on 09/21/2016**

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